

Name: _____

Date: _____

Fitness Activities Word Search

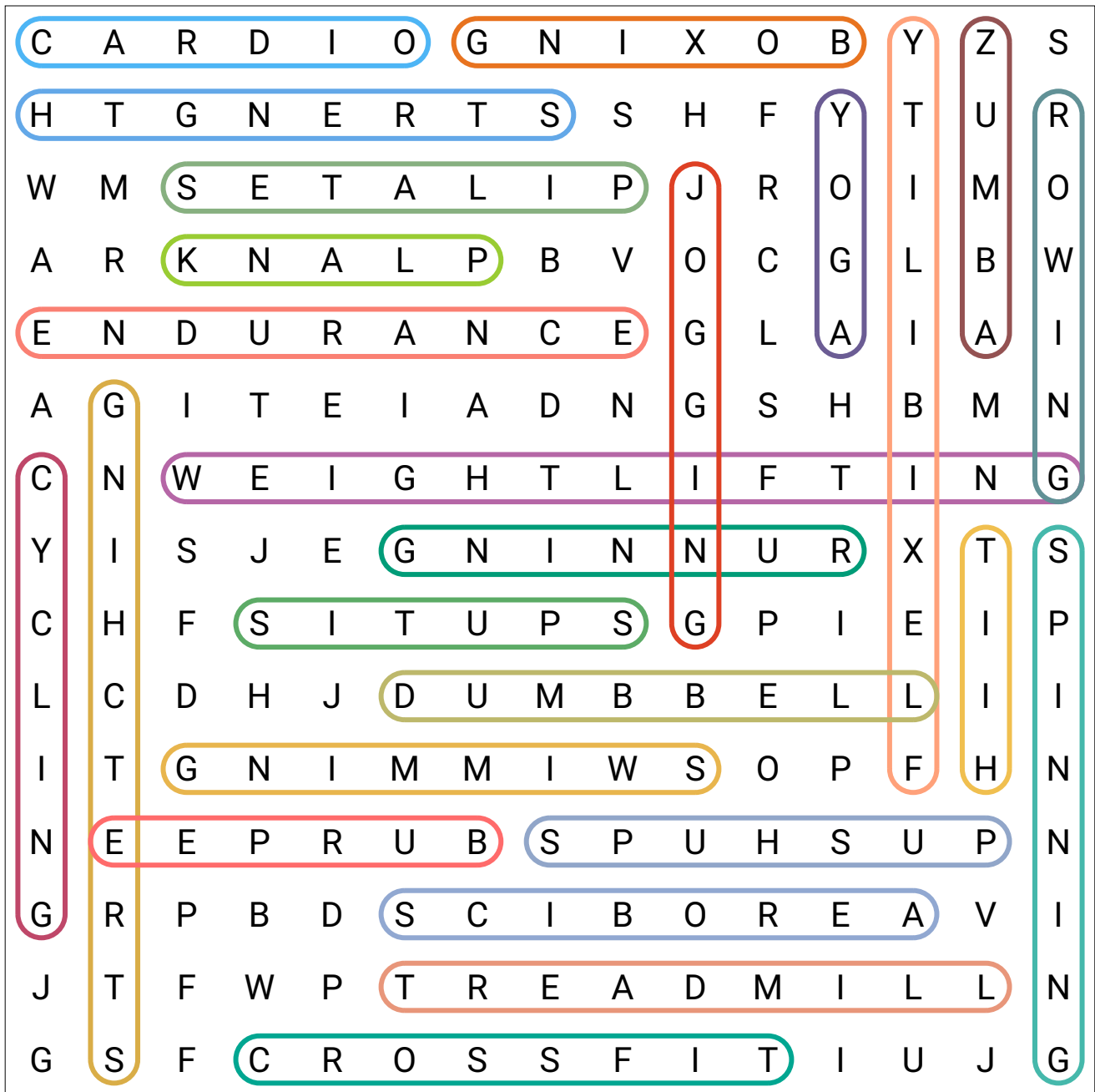
- Yoga
- Pilates
- Zumba
- Running
- Jogging
- Cycling
- HIIT
- CrossFit
- Boxing
- Rowing
- Situps
- Cardio
- Strength
- Plank
- Burpee
- Spinning
- Pushups

C	A	R	D	I	O	G	N	I	X	O	B	Y	Z	S
H	T	G	N	E	R	T	S	S	H	F	Y	T	U	R
W	M	S	E	T	A	L	I	P	J	R	O	I	M	O
A	R	K	N	A	L	P	B	V	O	C	G	L	B	W
E	N	D	U	R	A	N	C	E	G	L	A	I	A	I
A	G	I	T	E	I	A	D	N	G	S	H	B	M	N
C	N	W	E	I	G	H	T	L	I	F	T	I	N	G
Y	I	S	J	E	G	N	I	N	N	U	R	X	T	S
C	H	F	S	I	T	U	P	S	G	P	I	E	I	P
L	C	D	H	J	D	U	M	B	B	E	L	L	I	I
I	T	G	N	I	M	M	I	W	S	O	P	F	H	N
N	E	E	P	R	U	B	S	P	U	H	S	U	P	N
G	R	P	B	D	S	C	I	B	O	R	E	A	V	I
J	T	F	W	P	T	R	E	A	D	M	I	L	L	N
G	S	F	C	R	O	S	S	F	I	T	I	U	J	G



- Aerobics
- Treadmill
- Flexibility
- Dumbbell
- Stretching
- Swimming
- Endurance
- Weightlifting

Solution



This is one possible solution to this word search puzzle, but there could be several others. Happy searching!

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